

FAQ

Who can join?

The beginners' course is open for adults and children from 9 years up.

When can I join?

The courses start in August, and if you join then, the fee is 175€ for the whole season. If you join in January or after, the fee will be 25€ per month.

How often do I come?

There will be trainings twice a week until the belt test, which is in February for adults and in May for juniors. Find the training times for your location [\[here\]](#).

How will the course proceed?

Our course will be different from the traditional beginners' course most clubs offer. Instead of the beginners being all the time amongst themselves, our beginners' groups will train partly with the advanced. There will be trainings **twice** a week: once with only the beginners, and once with the advanced group, according to your training location.

What is a belt test?

Belt test is a test, where the head instructor will check and assess what has been learnt during the beginners' course. For beginners, the belt tests are in February for adults and in May for juniors.

What is Taekwon-Do, what do I learn?

Taekwon-Do is a Korean martial art, the art of self defence. In a nutshell, we practise traditional hand and foot techniques, patterns consisting of those techniques, sparring, power breaking, special techniques, self defence, and, of course, martial art mentality.

What will I learn on the beginners' course?

The beginners' courses will focus on teaching the basic techniques of the art, physical condition, and martial art mentality.

How much will I pay and what is included in the price?

The course is 175 € for adults and juniors both for the full season (9 months). The price includes the course and a beginner's welcome package: a training bag including a student's handbook, the club's T-shirt, and a Taekwon-Do bracelet.

Please note: the course fee does not include the licence and the insurance.

Is there something else I will have to pay?

You will have to purchase a training suit (dobok), a licence and an insurance, and, later, your own sparring gear. You can find more information [\[here\]](#).

What is the licence?

This allows you for example to participate in the seminars, camps or competitions that the club (Black Eagle Taekwon-Do) or the federation (ITF Finland) has organized.

The licence is provided by the ITF Finland and there are different kind of licences that are determined by the age of the person. With the licence of your choice we recommend you to also get the OP-Pohjola Groups Sports Insurance (Sporttiturva).

What is the insurance?

The seasonal fee for Black Eagle Taekwon-Do does not include the necessary insurance.

As in our daily lives, accidents cannot always be avoided, but for our club, the safety of the person training is the most important thing. For this reason, we always highly recommend to get an Accident or Sports Insurance. Take notice that while purchasing your chosen insurance, it will fit and work with the licence provided by the ITF Finland. The insurance is **COMPULSORY** for participating in trainings and competitions.