Who can join?

The beginners' course is open for adults and children from 9 years up.

If I sign up in advance, can I still get to test the course?

Yes of course, when you sign up in advance, the invoice issued due date is automatically set for the date following your second try out. If you feel this art is not for you, simply inform us and we will cancel your invoice.

If I wish to stop after I have paid (example after Christmas), do I get refunded the difference?

We do not have a refund policy. We will consider medical situations supported by medical certification.

When can I join?

The courses start in August, and if you join then, the fee is 179€ for the whole season. If you join in January or later the fee is calculated on a 25€/month basis.

How often do I need to train?

In the autumn period, there will be trainings twice a week. Starting January, they will be the possibility to join the sparring sessions as well. Find the training times for your location from our website.

How will the course proceed?

Our course will be different from the traditional beginners' course most clubs offer. Instead of the beginners being all the time amongst themselves, our beginners' groups will train partly with the advanced.

What is a belt test?

Belt test is a test, where the head instructor will check and assess what has been learnt during the beginners' course. The beginners' belt test will be in May, with several free mid-season assessments. The final belt test price is 25€ and 10€ for the new belt.

What is Taekwon-Do, what do I learn?

Taekwon-Do is a Korean martial art. In a nutshell, we practise traditional hand and foot techniques and patterns consisting of those techniques. You will also learn sparring, power breaking, and of course life skills as well as valuable martial arts core values.

What will I learn on the beginners' course?

The beginners' courses will focus on teaching the basic techniques of the art, you will improve your

physical condition, and of course life skills as well as valuable martial arts core values.

How much will I pay and what is included in the price?

The course is 179 € for adults and juniors both for the full season (9 months). The price includes the course and a beginner's welcome package: a training bag, the club's T-shirt, and a Taekwon-Do bracelet.

Please note: the course fee does not include the compulsory licence and/or the insurance.

Is there something else I will have to pay?

You will have to purchase a training suit (dobok 35€), a licence and possibly an insurance (in case your own private one doesn't cover contact sports), and, later, your own sparring gear (139-149€).

What is the licence?

This allows you for example to participate in the seminars, camps or competitions that the club (Black Eagle Taekwon-Do) or the federation (ITF Finland) has organized. But also is compulsory to attend even the beginners' course.

The licence is provided by ITF Finland (32€). In our club, everyone must be insured, ITF Finland offer insurance policies via OP Pohjola. If you have already an insurance that covers contact sports, then you only need to get the license.

What if I don't want to have insurance and am happy with the public healthcare?

Our club policy is very strict on this matter, in case you do not have a personal insurance that covers contact sports, then you will need to get ITF Finland's insurance policy. Make sure that you mark the NO in the question related to insurance when signing up.

Who takes care of purchasing the License and Insurance?

For the beginners, we will be taking care of this for you and will invoice you. We will do it once we receive the payment for the course.